

**A Half Century of Lake and Watershed Management  
in  
Maine's Only Watershed District.**



**cobbossee**  
watershed district

Bill Monagle, Executive Director



- 1971 - Authorized by Maine Legislature

### Chapter 95, Private and Special Laws 1971

#### AN ACT Creating the Cobboossee Watershed District.

**Purpose** – “... for the purpose of protecting, improving and conserving the lakes, ponds, and other waterways within the territory of said district which comprise the Cobboossee watershed”..

**Authority** – “.. to control the level of the water and to collect, hold and discharge the same; to improve the quality and purity of the water by treatment or otherwise; and in general, do any and all things incidental to accomplish the purposes of this Act.”

- 1972 – Ratified by Referendum Elections in Member Towns

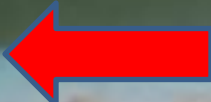
Crisis/Impetus #1: Annabessacook Lake algae bloom, early 1970's



DATE FOR DATA: AUG 13, '71 9:30 AM

PLACE	SECCHI DISC	TEMP
#1 NULL STR	1'-9"	73°
2 DAM BODY-UPPER	1'-9"	74°
3 " " (HUNTER'S)	1'-6"	74°
4 FRENCHMAN'S COVE	1'-6"	73°
5 HUNTERS OUTLET	1'-3"	75°
6 BIG ISLAND (WEST)	0'-9"	76° (HUNTER'S)
7 " " (WEST)	1'-3"	74° " "
8 DAM BODY - LOWER	1'-6"	74°
9 S.W. COVE (HUNTER STR)	2'-0"	75°
10 OUTLET	1'-3"	76°

(green algae on surface all over)  
 phospor containing imp. with  
 St. Jacobs  
 August 13, 1971  
 Secchi Disk transparency: 9 inches to 2 feet



Cobbossee Lake and Pleasant Pond

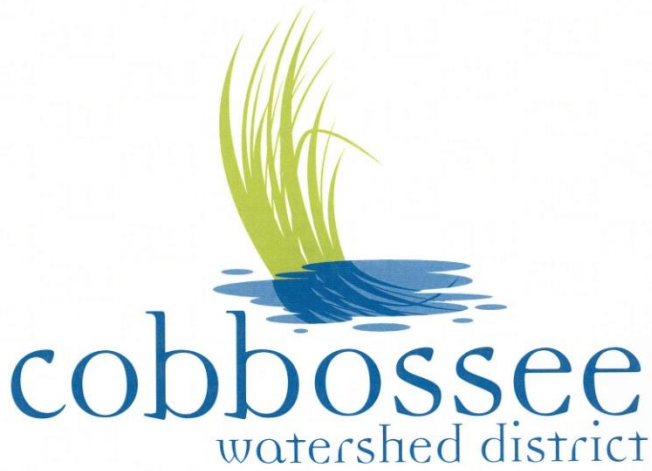


Crisis/Impetus #2: Cobbossee Lake low water,  
controlled by industries in Gardiner

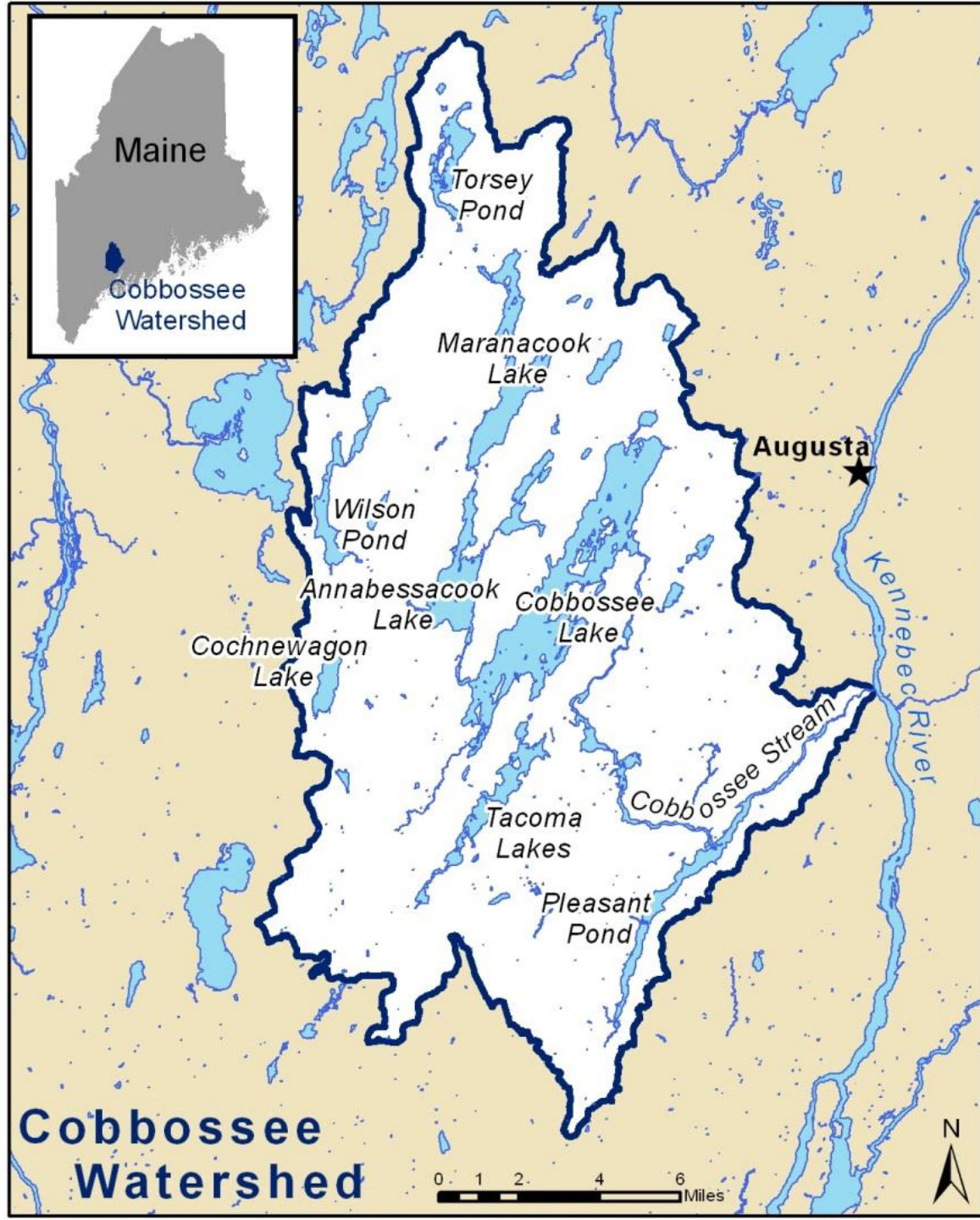


Photo from an approved drawdown for dam repair in 2010





**1973 –  
Opened Doors as  
Maine's First,  
and Still Only,  
Regional  
Watershed  
District**



Clean Water mission #1: Eliminate algal blooms

# PHOSPHORUS

*An Essential Nutrient for Plant Growth*



Algae blooms occur when there is too much **phosphorus** in the lake.

Our job was to figure out:

- where it came from
- techniques to remove it
- how to implement & fund



Point sources of pollution were already obvious



Maranacook Lake, top – downtown Winthrop with Carleton Woolen Mill, center – Annabessacook Lake, bottom

## Wastewater/sewage pump station

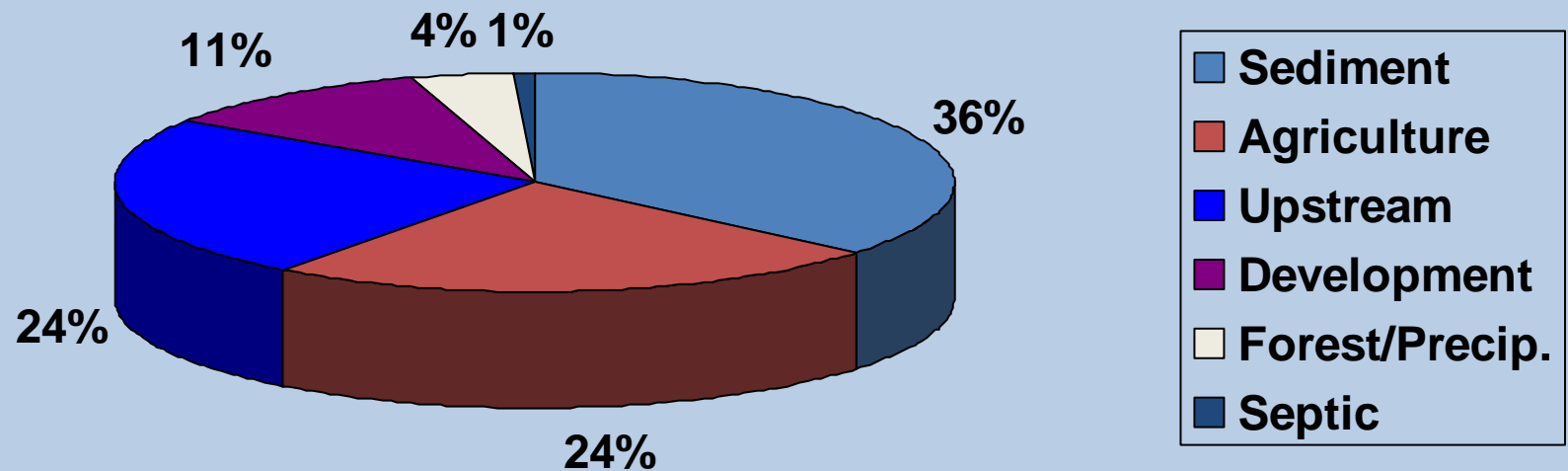


Winthrop sewage diverted to Augusta treatment plant in 1973; North Monmouth in 1976



# Phosphorus Budget for Annabessacook Lake, 1975

Percentages based on approx. 4,200 kgP/yr.



# Agricultural Runoff Control was the Highest Priority for Watershed Pollution

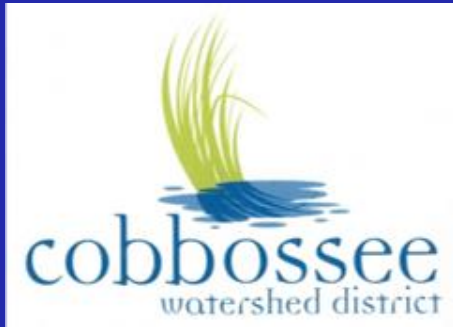


## Agricultural Best Management Practices

- Barnyard runoff diverted
- Manure storage facility
- Corn growing eliminated
- Nutrient management plan implemented
- Manure spreading setbacks

# In-Lake Restoration: Alum Treatments

to reduce internal recycling of phosphorus from bottom sediments

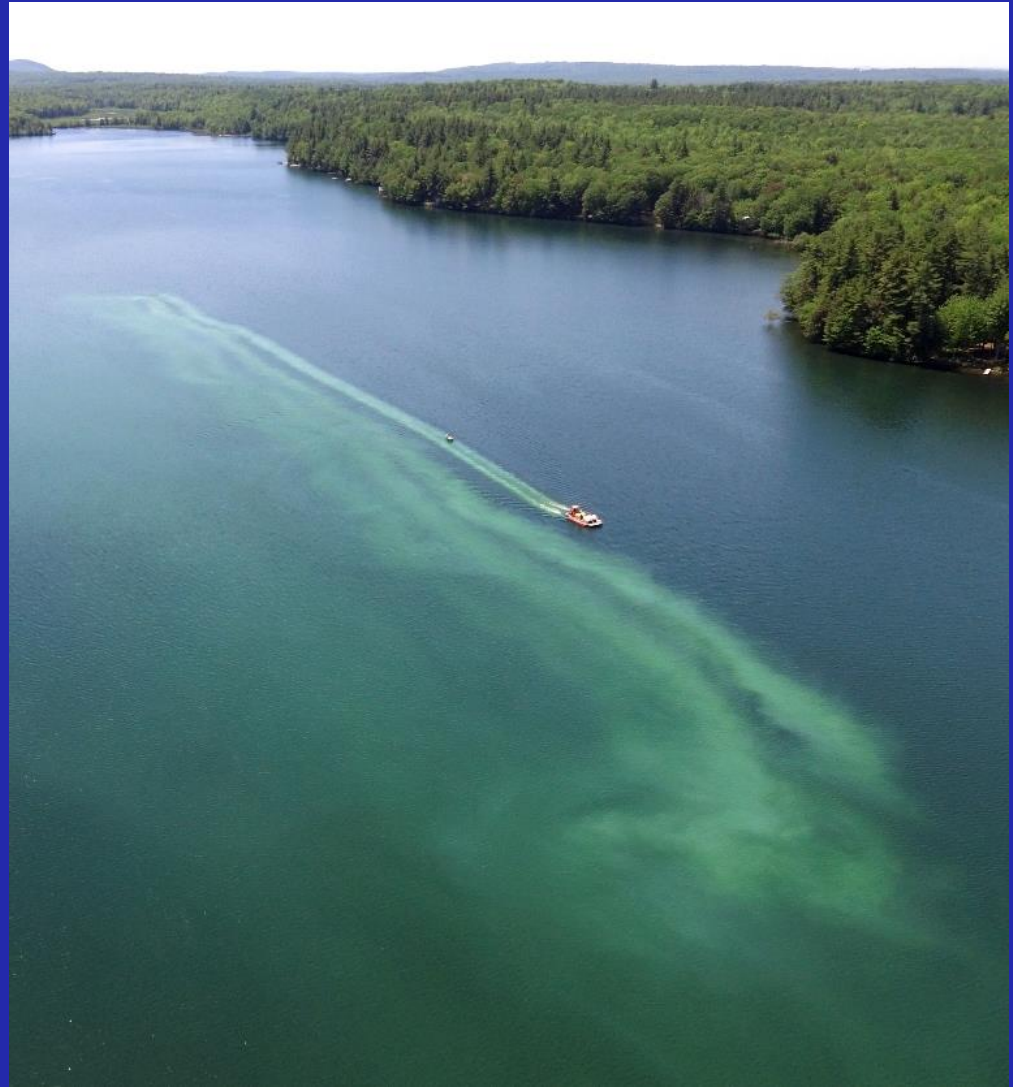


1. 1978 ANNABESSACOOK LAKE

MAINE'S 1ST ALUM TREATMENT

2. 1986 COCHNEWAGON LAKE

3. 2019 COCHNEWAGON LAKE





# Environmental Results: Cochnewagon Lake WQ Restored!



**Phosphorus goals were achieved.**

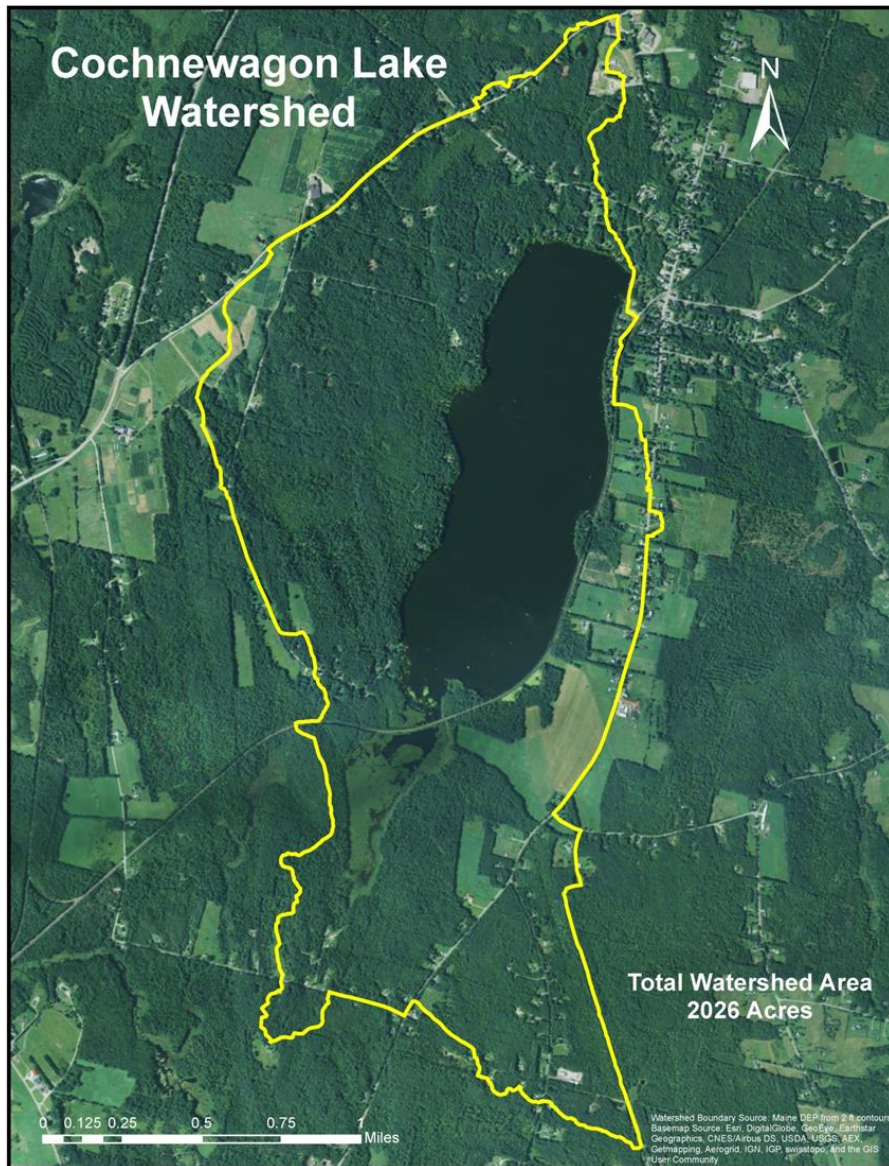
**No blue-green algae blooms since treatment.**

The alum floc settled to the bottom and within an hour the plume was not visible.

This treatment was a great success, but alum treatment longevity is finite.

Ryan Burton  
drone photos

# WATERSHED NONPOINT SOURCE POLLUTION MANAGEMENT



## 1. Watershed Surveys



## 2. Watershed Management Plans

## 3. Best Management Practices (BMP) implementation



# Wilson Pond Watershed NPS Watershed Restoration Project, Phase II

CWD conducted watershed survey and procured federal funding for BMPs to reduce pollution to Wilson Pond

## Merganser Lane



Before

The condition of an expansive gully between Merganser Lane and the private driveway that was created by excessive outfall from an 18" HDPE culvert (not visible).



After

Same gully/drainage sluice as at left, following grading and stabilization with geo-textile and a major application of rip-rap and large rock, including blasted ledge.



## Merganser Lane BMP Project, funded, in part, through the Wilson Pond NPS Watershed Restoration Project, Phase II



Before



After

This steep driveway was severely eroded and sending highly turbid water to the lake, joining the discharge from the gulley shown previously.





Creating a buffer at YMCA Camp  
Cobossee Lake – 1997  
CWD and Cobossee citizens





A buffer strip of densely planted, diverse, vegetation is one of the best ways to protect lake water quality.



## Vegetated Buffers

**Twenty+ years after Cobbossee Watershed District planted this vegetated buffer at the YMCA Camp on Cobbossee Lake, it is a great example of a functional buffer strip.**



# PHOSPHORUS CONTROL IN LAKE WATERSHEDS:

A Technical Guide to Evaluating New Development



Maine Department of Environmental Protection

Revised September 1992



## Technical Assistance

We work with:

- Applicants
  - Consultants
  - Town Officials  
(Planning Boards,  
Code Enforcement)
- to reduce new sources of phosphorus in stormwater runoff from commercial, industrial, and subdivision developments.

# Commercial Development: Rite-Aid, Winthrop Annabessacook Lake Watershed



StormTreat stormwater control system



# Institutional Development Reviews: Winthrop High School Annabessacook Lake Watershed



The scale of development required payment of a “compensation” fee to be used to remove phosphorus elsewhere in the watershed.

Also: Maranacook Middle/High School; Monmouth Academy; Monmouth Middle School

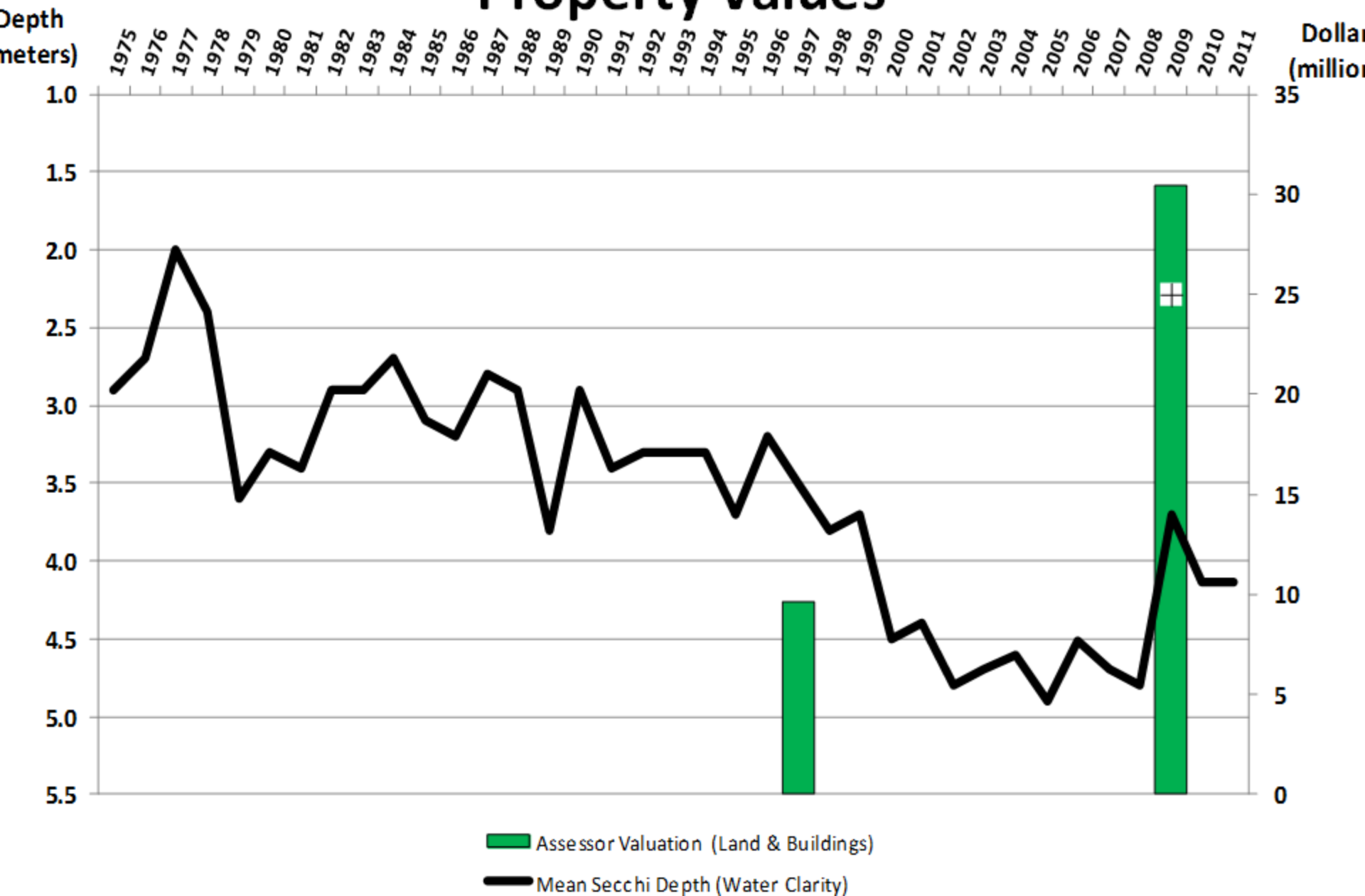


# Winthrop Public Works Dept. Street Sweeping near Mill Stream

*Dusty*



# Annabessacook Lake Water Clarity and Property Values



Cobbossee Lake: received cleaner water from Annabessacook, received cleaner water from Jock Stream due to extensive agricultural waste management improvements.



**Cobbossee Lake De-listed in 2006  
Outstanding Achievement Award given to CWD**



# *Water Quality Monitoring*

*Quality controlled data collection since 1975*

*A leader in Maine lake water quality monitoring*





# Water Quality Monitoring

26 lakes and ponds  
May through October





# Water Levels Management



Goals include:

Minimize potential for excessive flooding.  
Support public recreational activities.





## Water Level Management goals include protecting wildlife.



Stable water levels from late May to early July increases the success of nesting loons.

(This picture was taken with a zoom lens and then cropped and enlarged. We did not get close to the nest. 6/2/14.)





Reconstructed Maranacook Lake Dam:  
improved water discharge and lake level control

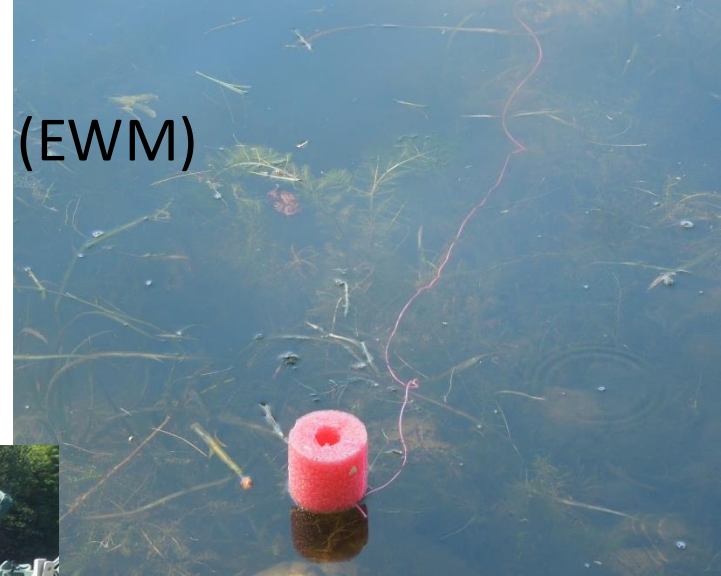




**INVASIVE** Variable-leaved water-milfoil in Annabessacook Lake



# Cobbossee Lake: Eurasian Water Milfoil (EWM)



DEP removing EWM  
at Lakeside Marina







**The End**

Berry Pond at Dusk